

DECEMBER 2022
K-8TH GRADE LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p>Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeds.com This institution is an equal opportunity provider.</p>									
<p style="text-align: center;">Served With Milk Menu Subject To Change</p>									
5 DOGS IN A BLANKET		6 SAY CHEESE! PIZZA		7 FLUFFY CAKES & LINKS		8 CONEY DOG		9 TURKEY HAM DINNER	
<ul style="list-style-type: none"> ½ C 100% Juice* ½ C Broccoli (5 CHO) Mini Corn Dogs (2 M/2 WG - 30 CHO - 5 E) Ketchup Packet (2 CHO) 		<ul style="list-style-type: none"> ½ C Croisin (27 CHO) ½ C Wongo Mango Juice (13 CHO) ½ C Baby Carrots (6 CHO) Cheese Pizza (2 MMA/2 WG - 34 CHO) 		<ul style="list-style-type: none"> ½ C 100% Juice* ½ C Potato Wedges (20 CHO) Turkey Breakfast Sausage (2 M - 2 CHO) Pancakes (2 WG - 42 CHO - 2 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO) 		<ul style="list-style-type: none"> ½ C Apple Crisps (10 CHO) ½ C Coney Beans (42 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO) 		<ul style="list-style-type: none"> ½ C Bonono (21 CHO) ½ C Carrots (7 CHO) ½ C Garlic Butter Washed Potatoes (22 CHO) Turkey Ham (2 M - 2 oz - 1 CHO) Chocolate Chip Cookie (1 WG - 13 CHO) 	
12 CHICKEN N' BISCUIT		13 WONDEROUS WAFFLE		14 CHEESE DIPPERS		15 CHICKEN PATTY		16 GOLDEN NUGGETS	
<ul style="list-style-type: none"> ½ C 100% Juice* ¾ C Baked Beans (42 CHO) Chicken Tenders (2 M/1 WG - 16 CHO - 3 E) Mini Biscuit (1 WG - 14 CHO - 1 E) Butter Cup (0 CHO) 		<ul style="list-style-type: none"> ½ C Apple Crisps (10 CHO) ¾ C Potato Rounds (20 CHO) Turkey Breakfast Sausage (2 M - 2 CHO) Buttermilk Waffle (1 WG - 19 CHO - 1 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO) 		<ul style="list-style-type: none"> ½ C Applesauce (14 CHO) ¾ C Pizza Green Beans (11 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Morninno Cup (14 CHO) 		<ul style="list-style-type: none"> ½ C 100% Juice* ¾ C Broccoli (5 CHO) Chicken Patty (2 M/1 WG - 22 CHO) Hamburger Bun (2 WG - 25 CHO) BBQ Packet (5 CHO) 		<ul style="list-style-type: none"> ½ C Bonono (21 CHO) ½ C Carrots (7 CHO) Breaded Chicken Nuggets (2 M/1 WG - 14 CHO - 5 E) BBQ Packet (5 CHO) 	
19 DOGS IN A BLANKET		20 CHICKEN & WAFFLES		21 SAY CHEESE! PIZZA		22 HAMBURGER		23	
<ul style="list-style-type: none"> ½ C 100% Juice* ¾ C Mixed Vegetables (12 CHO) Mini Corn Dogs (2 M/2 WG - 30 CHO - 5 E) Ketchup Packet (2 CHO) 		<ul style="list-style-type: none"> ½ C Apple Crisps (10 CHO) ¾ C Potato Rounds (20 CHO) Chicken Tenders (1.3 M/0.6 WG - 11 CHO - 2 E) Buttermilk Waffle (1 WG - 19 CHO - 1 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO) 		<ul style="list-style-type: none"> ½ C C Applesauce (14 CHO) ½ C Wongo Mango Juice (13 CHO) ½ C Baby Carrots (6 CHO) Cheese Pizza (2 MMA/2 WG - 34 CHO) 		<ul style="list-style-type: none"> ½ C 100% Juice* ¾ C Green Beans (8 CHO) Beef Patty (2 M - 4 CHO) Hamburger Bun (2 WG - 25 CHO) Ketchup Packet (2 CHO) 		<p style="text-align: center;">NO SERVICE</p>	
26		27		28		29		30	
NO SERVICE									

DECEMBER 2022

K-8TH GRADE BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
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					Served With Milk Menu Subject to Change Apple Juice (14 CHO), Orange Juice (13 CHO), Fruit Punch Juice (14 CHO)					
5	½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) FROSTED POP TART (125 OZ WG - 38 CHO)	6	½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) CRUNCH MANIA (2 OZ WG - 37 CHO)	7	½ CUP 100% JUICE* ½ C BANANA (21 CHO) HONEY SCOOTER CEREAL (1 OZ WG - 22 CHO) GRAHAM CRACKER (1 OZ WG - 11 CHO)	8	½ CUP 100% JUICE* ½ C APPLE CRISPS (10 CHO) HONEY BUN (2 OZ WG - 34 CHO)	9	½ CUP 100% JUICE* ½ C APPLE (24 CHO) CHOCOLATE CHIP BREAKFAST BAR (1 OZ WG - 25 CHO)	
12	½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) TRIX BAR (1 OZ WG - 29 CHO)	13	½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) TRIPLE BERRY BAR (2 OZ WG - 43 CHO)	14	½ CUP 100% JUICE* ½ C BANANA (21 CHO) APPLE JACKS CEREAL (1 WG - 24 CHO) GRAHAM CRACKER (1 OZ WG - 11 CHO)	15	½ CUP 100% JUICE* ½ C APPLE CRISPS (10 CHO) MINI CINNAMON ROLLS (2 WG - 40 CHO)	16	½ CUP 100% JUICE* ½ C APPLE (24 CHO) MARSHMALLOW MATEY CEREAL (1 WG - 22 CHO)	
19	½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) COCOA PUFF BAR (1 OZ WG - 30 CHO)	20	½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) CINNAMON TOASTER CEREAL (1 WG - 21 OZ)	21	½ CUP 100% JUICE* ½ C BANANA (21 CHO) CRUNCH MANIA (2 OZ WG - 37 CHO)	22	½ CUP 100% JUICE* ½ C APPLE CRISPS (10 CHO) HONEY SCOOTER CEREAL (1 OZ WG - 22 CHO)	23	NO SERVICE	
26		27		28		29		30		
NO SERVICE										